

CLINICAL GEROPSYCHOLOGY NEWS

NEWSLETTER OF THE SECTION ON CLINICAL GEROPSYCHOLOGY
SECTION II OF DIVISION 12, AMERICAN PSYCHOLOGICAL ASSOCIATION

Volume 2, Number 1

June, 1995

■President's Column

Alfred W. Kaszniak, Ph.D.

Since this is my first opportunity to communicate directly with many of you, I would like to begin by expressing my appreciation for the opportunity to serve as this year's president of our section. In addition to myself, our 1995 Board of Directors includes George Niederehe as president-elect, and Barry Edelstein as section representative. Norm Abeles continues as our secretary, and Sara Qualls as treasurer. Mick Smyer, after his year of outstanding leadership, has now moved to the role of past-president. Speaking on behalf of the entire Board, I also want to express my gratitude for Alex Tröster's editorship of this newsletter, assisted by his advisory committee of Dolores Gallagher-Thompson, Elizabeth Midlarsky, Sara Qualls, and Forrest Scogin, and for Barry Edelstein's continuing coordination of our e-mail network.

Section 2 continues to grow and prosper, with several new members and a variety of new initiatives, thanks to the hard work of the Board of Directors and many other section members. The 1995 APA meeting in New York will feature several Section 2 program offerings, thanks to the outstanding efforts of program chair George Niederehe. These include symposia on preventive and family interventions in senile dementia, treatment of anxiety disorders in late life, models of clinical training in geropsychology, as well as my own presidential address on aging and the neuropsychology of emotion. Section 2 will co-sponsor some highly relevant Division 20 symposia concerning the mental health and aging mini-conference, cognitive-behavioral interventions in dementia, personality disorders in the elderly, and chronic mental illness in late life. A pre-convention workshop in clinical geropsychology, organized by Nanette Kramer and colleagues, and endorsed by our section, will also be offered. Nanette continues

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■Editor's Comment

Alexander I. Tröster, Ph.D.

The newsletter of the Section now moves into its second year and I wish to thank some of the section members who have consistently and conscientiously contributed articles to it: George Niederehe, Barry Edelstein, Mick Smyer, and Al Kaszniak. It is the continued hope of the newsletter's advisory editorial committee that the membership finds the newsletter informative and helpful. This issue features the President's column, the Section Representative's column, a listing of doctoral, internship, and postdoctoral programs in clinical geropsychology, as well as a more detailed description of the program at Washington University in St. Louis (by Martha Storandt). Information about divisional and sectional activities at this year's APA convention in New York (with tentative dates and times) can also be found in this issue.

The advisory editorial committee also invites your comments and contributions to the newsletter. If you have information relevant to clinical geropsychology that you would like to share with your colleagues, please send your contribution to the editor. Contributions can deal with issues of practice, government policy, education, or research. If you have been in the news, or earned other recognitions and honors, please let us know. As a reminder, deadlines for receipt of submissions are April 30 for the June issue, and September 30 for the November issue. •

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to serve as the section's CE liaison with her Division 20 counterpart, Peter Lichtenberg, to develop additional future CE offerings. Finally, please don't forget the Section 2 business meeting, which will be from 11:00 to 11:50 on Sunday. I hope to see as many of you as possible in New York, for what promises to be a stimulating and productive APA meeting.

The second of two weekend conferences on Psychotherapy and Aging, organized by Bob Knight and Steve Zarit, and co-sponsored by Divisions 12 and 20, the Andrus Gerontology Center of USC, and the Mental Health and Aging Network of the American Society on Aging, was held in San Francisco in early February. Several Section 2 members have been among the presenters at this and the previous conference held last October in Pittsburgh. From everything I have heard, the conferences were a great success.

In another Section 2 CE effort, George Niederehe served as guest editor for the Spring 1995 special issue of *The Clinical Psychologist*, in which 42 pages were devoted to "Progress and Prospects in Clinical Geropsychology." Hopefully, most of you will by now have received copies of the issue, and will join with me in thanking George for his excellent editorship, and the several authors for their highly informative reviews. It is our hope that this special issue will serve not only to inform those already involved in clinical geropsychology, but also to attract new interest among our Division 12 colleagues. In this regard, I would also take note that the first two issues of the new *Journal of Clinical Geropsychology* (Plenum Press, Michel Hersen and Vincent Van Hasselt, co-editors) have now been published, featuring a number of very interesting papers. Several Section 2 members serve on the editorial board of this new publication.

In other section initiatives, Nancy Bliwise represented Section 2 at the APS Human Capital Initiative Workshop on Psychopathology and Mental Health, held in Atlanta in October. Several section members have also been involved as state or local delegates to the White House Conference on Aging, held this past May, and several section members and officers played key roles as presenters at the preceding White House Mini-Conference on Mental Health and Aging held in February. Many thanks to everyone who has worked so hard to keep clinical geropsychology on the federal policy agenda.

The recommendations from the 1992 APA/NIMH National Conference on Clinical Training in Psychology: Improving Services to older adults, which were endorsed by the Division 12 Board at its 1994 Mid-Winter Meeting, have now also received endorsement of the Division 20

Executive Committee. Likewise, Divisions 12 and 20 co-sponsored the proposal based on these recommendations, that an advisory group to APA Central Office be established on issues of the older adult. This proposal was introduced as a motion at February's Council of Representatives meeting by Norm Abeles. Section 2 and Division 20 joined forces to lead in the formation of an interdivisional task force on qualifications for practice in clinical and applied geropsychology. The task force is attempting to define appropriate qualifications for practice in clinical geropsychology at both the generalist and specialist levels (for further information, see the articles by George Taylor and Paula Hartman-Stein, and by George Niederehe, Susan Cooley, and Linda Teri in the recent issue of *The Clinical Psychologist*). With partial sponsorship from Section 2, a workgroup chaired by Norm Abeles continues to explore the feasibility of seeking a board specialty in clinical geropsychology within the American Board of Professional Psychology (ABPP).

I will be chairing a Section 2 workshop that will contribute to the Division 12 Task Force on Effective Psychosocial Interventions: A Lifespan Perspective, chaired by Suzanne Bennett Johnson (candidate for Division 12 president-elect). Workgroup members are currently being identified (please let me know if you would like to participate!), and will begin work on developing standards for well-established and probably efficacious interventions, parallel to those of the 1993 Chambless Report (Task Force on Promotion and Dissemination of Psychological Procedures Report to the Division 12 Board), as appropriate for individual, group, family, institutional setting, and preventive interventions with older adults.

Finally, please take note of section members who are candidates for APA office. Laura Carstensen is running for a seat on the Council of Representatives, and Norm Abeles is running for president-elect! Statements by these, and other candidates, can be found in the recent issue of *The Clinical Psychologist*.

I am looking forward to the second half of 1995 as a time of continued growth and accomplishment for our section. Thanks to all of you for the roles that you play in making this happen. ■

ADDRESS CHANGES

Please send address changes to:
Norman Abeles, Ph.D.
Secretary, Div. 12, Section 2
129 Psychology Research
Michigan State University
Lansing, MI 48824-1117

**SECTION II ACTIVITIES AT THE
103rd ANNUAL APA CONVENTION
New York. August 11-15, 1995**

Section 2 will have five sessions, including Al Kaszniak's Presidential address, a business meeting, and three symposia. George Niederehe has put together a superb program with considerable variety that will arouse the interest of practitioners, academicians, and those concerned with public policy. In addition to Section 2's offerings, Divisions 12 and 20 have programs rich in clinical geropsychology this year. Prior to the convention, Section 2 and Division 20 will together sponsor two one-day workshops in clinical geropsychology, which are to be held at Columbia University (see p. 4 this issue).

In addition to its symposia, Section 2 will host a meeting for its student members and other interested students in the Division's Hospitality Suite. As in prior years, social activities are planned in conjunction with the Division 12 Social Hour. •

FRIDAY, AUGUST 11, 1995

New York Hilton: Nassau Suite A

3:00 - 4:50 SYMPOSIUM: Treatment of Anxiety Disorders in Late Life
Chair - George A. Stricker, Ph.D.
Participants -
Denise A. Person, Ph.D.
Thomas D. Borkovec, Ph.D.
Ethan E. Gorenstein, Ph.D.
Laszlo A. Papp, M.D.
Melinda A. Stanley, Ph.D.
J. Gayle Beck, Ph.D.
Charles M. Morin, Ph.D.
David H. Barlow, Ph.D.
George S. Alexopoulos, M.D.

SATURDAY, AUGUST 12, 1995

New York Hilton

6:00 - 8:00 DIVISION 12 SOCIAL HOUR
pm

SUNDAY, AUGUST 13, 1995

New York Hilton: Div 12 Hospitality Suite
8:00 - 9:30 SECTION 2 STUDENT MEETING
Host: Alfred W. Kaszniak, Ph.D.

New York Hilton: Green Room
10:00 - 10:50 PRESIDENTIAL ADDRESS:
Aging and the Neuropsychology of Emotion: Research and Clinical Implications
Alfred W. Kaszniak, Ph.D.

11:00 - 11:50 BUSINESS MEETING
Chair - Alfred W. Kaszniak, Ph.D.

MONDAY, AUGUST 14, 1995

New York Hilton: Nassau Suite A

1:00 - 1:50 SYMPOSIUM: Trends in Managed Care: Implications for Clinical Geropsychology
Chair - George Niederehe, Ph.D.
Participants-
Eric E. Anderson, Ph.D.
George P. Taylor, Ph.D.
Chris Vein
Michael J. Salamon, Ph.D.

TUESDAY, AUGUST 15, 1995

New York Hilton: Murray Hill A

10:00 - 11:50 SYMPOSIUM: Modifying Aspects of Senile Dementia: Preventive and Family Interventions
Chair - Michael C. Smith, Ph.D.
Participants-
Rebecca Logsdon, Ph.D.
Jane E. Fisher, Ph.D.
Mary S. Mittelman, Dr.P.H.
Steven H. Ferris, Ph.D.
Sara Honn Qualls, Ph.D.
Michael A. Smyer, Ph.D.

Divisional Convention Highlights

The following divisional offerings might be of particular interest to clinical geropsychologists.

Division 12

Saturday, August 12, 1:00-2:50 pm

Symposium: Postdoctoral Training in Geropsychology

Tuesday, August 15, 9:00-10:50 am

Symposium: Special Topics in Geropsychology

Division 20

Friday, August 11, 1995

10:00-11:50 am

Symposium: Personality Disorders in the Elderly

12:00-12:50 pm

Symposium: Long-term mental illness in Late Life: Challenges for Treatment

2:00-2:50 pm

Symposium: Disability in the Workplace: Older Workers and the ADA

4:00-4:50 pm

Symposium: Roles for Geropsychologists with Paraprofessionals in Healthcare Settings

Saturday, August 12, 1995

11:00-12:50 pm

Posters: Older Adults' Health, Mental Health, and Caregiving Relationships

2:00-2:50 pm

Invited Address: On with the Dance: Couples Coping with Illness

3:00-3:50 pm

Invited Address: Depression among Frail Older People: Correlates and Consequences

Sunday, August 13, 1995

11:00-11:50 am

Symposium: Conference on The Emerging Issues in Mental Health and Aging (White House Mini-Conference on Mental Health and Aging)

3:00-3:50 pm

Presidential Address: Aging at the Crossroads: Research, Clinical and Policy Implications of Family Caregiving

Monday, August 14, 1995

8:00-9:00 am

Division 20 Student Meeting

3:00-4:50 pm

Symposium: Cognitive-Behavioral Intervention Research: Managing Persons with Dementia

Tuesday, August 15, 1995

9:00-10:50 am

Posters: Older Adults' Cognitions, Attitudes, and Interpersonal Relationships

1:00-2:50 pm

Symposium: Life Narrative and Coping Strategies of Recent Soviet Immigrants

PRECONVENTION WORKSHOPS

Section 2 is co-sponsoring two clinical geropsychology workshops, to be held at Teachers College, Columbia University, prior to the APA Convention. The first workshop on August 9 is an introductory level offering providing grounding in the basics of psychological assessment and treatment of older adults. Faculty includes Drs. Byrne, Hinrichsen, Kramer, Midlarsky, Raphael, Rosendahl, Smith, and Zweig.

The second workshop, at the intermediate level, will be held August 10. In addition to providing state-of-the-art reviews of current issues in clinical geropsychology, participants will choose two intensive, small group modules from among several: behavior management, family interventions, psychotherapy goals and outcomes, billing issues, neuropsychological assessment, and nursing home practice. Faculty includes Drs. Scogin, Camp, Hussian, Hinrichsen, Frazer, Hartman-Stein, LaRue, Lichtenberg, and Smith.

For information please contact:

Office of Continuing & Professional Education
Box 132

Teachers College, Columbia University
525 West 120th Street

New York, NY 10027

Telephone: (212) 678-3987

Fax: (212) 678-4048

Featured Training Program

Washington University in St. Louis

Martha Storaandt, Ph.D.

Washington University in St. Louis has one of the oldest training programs in the psychology of aging in the country; it was begun in 1957 with a training grant from NIH. The Aging and Development Program is one of four graduate programs in the Psychology department. The other three programs are Clinical (APA-accredited), Experimental, and Social. Students can combine their interest in aging with interests in any of the other three programs in the department. For example, aging is one of the three specialty tracks in the clinical program; the others are neuropsychology and health psychology. Students can also combine specialty tracks in the clinical program (e.g., aging and neuropsychology). The emphasis in all graduate programs in the department is on preparation for research careers.

In addition to generic courses in clinical psychology, students in the in the clinical aging track take two survey courses on aging, two courses on assessment and therapy with older adults, and topical seminars on aging. Beginning in the second year of training, all clinical students join a clinical team headed by a faculty member.

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Practicum work is provided in the geriatric psychiatry units of several hospitals and the department's Psychological Service Center. Students also gain experience assessing people with Alzheimer's disease and other dementias through the Washington University Alzheimer's Disease Research Center.

Students are members of research teams headed by faculty with interest similar to theirs. Students usually collaborate with the faculty leader or an advanced student on research during their first year. They then conduct their own second-year research project, which is part of the requirements for the master's degree. One of the clinical aging students won the 1994 APA Division 20 Student Research Award for her master's research on attitudes of older women about exercise. In the third and fourth years students continue to participate in collaborative research and their own independent dissertation research. Examples of student research include projects on memory training, assessment of depression in geriatric inpatients, a test of the hopelessness theory of depression, the effects of glucose metabolism on memory in healthy older people and people with dementia, neuropsychological deficits in Alzheimer's disease and Parkinson's disease, and variables influencing the signing of advance health-care directives. Students can rotate among faculty research teams during their graduate study to broaden their research skills.

There are currently seven students in the clinical aging track at various year levels. All are provided financial support throughout their graduate training. After completing the dissertation research and an APA-accredited internship, students typically take a research postdoctoral position before applying for permanent positions in academia or other research settings.

In addition to predoctoral training, the Aging and development Program also provides postdoctoral fellowships (up to 3 years) tailored to individuals' needs and interests. Again, the emphasis is on preparing people for research careers. ■

Listing of Training Programs

Institution: Washington University, St. Louis
Department: Dept. of Psychology
Type of Program: Doctoral and Postdoctoral
PhD APA Accredited: Yes
Specialty Tracks: 3 tracks within Clinical Ph.D.: Aging; Health Psychology; Neuropsychology
Contact: Martha Storandt, Ph.D.
Dept. of Psychology, Box 1125
Washington University
St. Louis, MO 63130-4899
Phone: (314) 935-7588

Institution: Michigan State University
Department: Dept. of Psychology
Type of Program: Doctoral
PhD APA Accredited: Yes
Specialty Tracks: Clinical Geropsychology within Clinical Ph.D.
Contact: Norman Abeles, Ph.D.
Dept. of Psychology
Michigan State University
129 Psychology Research
East Lansing, MI 48824-1117
Phone: (517) 355-9564

Institution: University of Southern California
Department: Dept. of Psychology
Type of Program: Doctoral
PhD APA Accredited: Yes
Specialty Tracks: Clinical-Aging within Clinical Ph.D.
Contact: Margaret Gatz, Ph.D.
Dept. of Psychology
University of Southern California
Los Angeles, CA 90089-1061
Phone: (213) 740-2203

Institution: University of Kansas Medical Center
Department: Dept. of Neurology
Type of Program: Postdoctoral
PhD APA Accredited: N/A
Specialty Tracks: Geriatric Neuropsychology
Contact: Alexander Tröster, Ph.D.
Dept. of Neurology
University of Kansas Medical Center
3901 Rainbow Blvd.
Kansas City, KS 66160-7314
Phone: (913) 588-6970

Institution: VA Medical Centers
Department: Psychology Service
Type of Program: Postdoctoral
Ph.D. APA Accredited: N/A
Specialty Tracks: 10 different VA facilities with tracks including: general geropsychology, geriatric neuropsychology, long-term care, behavioral medicine, health care, rehabilitation, and psychiatry.
Contacts: *General Information:*
Victor Molinari, Ph.D.
Houston VAMC
2002 Holcombe Blvd.
Houston, TX 77030
Phone: (713) 794-7116

Specific Sites are: Little Rock, Palo Alto, Gainesville, Knoxville, Brockton, Cleveland, Portland, Houston, San Antonio, Milwaukee

■ Representative's Corner

Barry Edelstein, Ph.D.

Section 2 has a voice in the decisions of Division 12 and can raise issues of relevance to older adults at the Division 12 Board meetings. As your representative to the Division 12 Board, I invite your suggestions and recommendations. The following are relatively recent developments in Division 12 that may be of interest to you.

Division 12 Mid-Winter Meeting Activities and Board Decisions:

The following members of Section 2 were appointed as paper monitors or liaisons for various boards or committees:

Board of Convention Affairs - **Norman Abeles**
Policy and Planning Board - **Gloria Gottsegen**
APA Task Force on Comprehensive and Coordinated Services for Children - **Donald Routh**
Executive Roundtable of Practice Divisions - **Gloria Gottsegen**
Committee on Disability Issues in Psychology - **Donald Routh**

A motion for an \$8 dues increase was approved by the Board. A break-even budget would require at least a \$3 increase, which would enable the Division to function in the black for a couple of years. An \$8 increase would avoid another increase for approximately 8 years. The recommended dues increase will now go to the membership for a vote.

The Nominations and Elections Committee nominated two Section 2 members for Division 12 offices: **Donald Routh** for President and **Laura Carstensen** for APA Council Representative.

Al Kaszniak, Section 2 President, gave a most articulate presentation at the social hour and banquet. Several Board members, section officers, and section representatives commented at the banquet on how well Section 2 has developed in such a short period of time.

Division 12 Initiatives:

Nathan Perry, President-Elect, indicated that he will continue the current Division initiatives.

Suzanne Bennett Johnson is chairing the "Task Force on Effective Psychosocial Interventions: A Lifespan Perspective." The Task Force will focus on prevention and systems interventions with children and older adults. Currently three sections (1, 2, & 5) are represented on the Task Force. The Centenary Task Force is moving forward under the able

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direction of **Don Routh**. A recent survey of Division 12 members suggests that at least 300 members from outside the Philadelphia area will attend the celebration in Philadelphia in 1996. **Judith Rodin**, President of the University of Pennsylvania, has tentatively responded positively to an invitation to speak at the Centennial. There will be a special issue of the American Psychologist on **Lightener Wither** in March, 1996.

Publication of the "treatments that work" books that are being edited by **Peter Nathan** and **Marty Seligman** was discussed at length. Concern was expressed over the ostensible need for the APA attorneys to review any material published under the imprimatur of Division 12. There is concern that statements will be made that, though scientifically valid, might be a source of litigation. To avoid this problem, these two volumes will be published without the Division 12 imprimatur, but with some profits returning to the division.

E-Mail Network: The geropsychology 3-mail network recently had new life breathed into it when the issue of prescription privileges for psychologists was discussed. The discussion has been lively and interesting. **George Niederehe** is developing a proposal to create a somewhat more structured discussion group for the network that looks very promising and exciting. If you are not on the network and would like to be, please send a request to **Barry Edelstein** at **U21B4@wvnm.wvnet.edu** or call him at 304-293-2001, Ext. 661.

Section Caucus: For the past two years in the Section Representatives to the Division 12 Board have been meeting for an hour during the weekends of the Board meetings to discuss common issues. In the past we have brought some of these issues to the Board for consideration. For example, during **David Barlow's** recent tenure as President of Division 12, the Section Caucus discussed the need for funds to enable their Board members to attend the Mid-Winter Division 12 Board meetings. This was a particularly important issue for the smaller Sections, such as ours. The Division 12 granted a small annual stipend to each Section contingent upon it increasing membership each year. This year **Barry Edelstein** was elected Chair of the Section Caucus. The Caucus intends to focus on better communication among the Sections and greater visibility within APA. **Tom Ollendick** will spearhead an effort to have articles appear in the Monitor regarding notable section activities. ■



American Psychological Association **PDI** Division of Clinical Psychology

PreConvention - PostDoctoral Institutes

New York Hilton Hotel

New York, NY

August 9-10, 1995

TWO DAY WORKSHOP, Wed. & Thurs., Aug. 9-10

14 CE Credits, \$310

- A. Introduction to Clinical Neuropsychology**
Jeffrey T. Barth, Ph.D., ABPP

ONE DAY, Wednesday, August 9 - 7 CE Credits, \$155

- B. Advanced Competence: Preparation for the ABPP Exam** Norman Abeles, Ph.D.
C. Neuropsychological Assessment of Individuals with ADHD Jan Culbertson, Ph.D.
D. Review of Psychopharmacology for Non-Psychiatrists Neil Kirschner, Ph.D.
E. Expanding your Practice: Short Term Therapy in Primary Care Arthur Freeman, Ed.D.
F. Relational Model of Women's Development: Clinical Applications Judith V. Jordan, Ph.D.
G. Forensic Psychology: Principles and Practices Robert T. Kinscherff, Ph.D.
H. Childhood Anxiety Disorders: Assessment and Treatment Deborah Beidel, Ph.D., Tracy Morris, Ph.D.

ONE DAY, Thursday, August 10 - 7 CE Credits, \$155

- I. Advanced MMPI-2 Applications** Yossef Ben-Porath, Ph.D.
J. Neuropsychological Assessment of Individuals with Learning Disabilities Jan Culbertson, Ph.D.
K. Assessment and Treatment of Juvenile Firesetters Sue White, Ph.D.
L. Pediatric Psychology: Current Approaches and Trends Dennis Russo, Ph.D.
M. Sports Psychology Services in Clinical Practice Kevin Barber, Ph.D. and Kevin Wildenhaus, Ph.D.
N. Panic Disorder and Agoraphobia: Advances in Assessment and Treatment C. Alec Pollard, Ph.D.
O. What Works with Whom: Developing Effective Treatment Plans Larry E. Beutler, Ph.D.
P. Advances in the Treatment of Borderline Personality Disorder Marsha M. Linehan, Ph.D.

FOR MORE INFORMATION: See the April, 1995, *APA Monitor*, or call 405 721-2792 for a complete brochure.

CE CREDIT: Credits for each workshop will be given as indicated. The number of CE credits awarded equals the number of contact hours. Attendance at the entire workshop (9:00 a.m. - 4:50 p.m.) is required for CE credit. Partial credit may not be earned. The APA Division 12 is approved by the American Psychological Association to offer continuing education for psychologists. APA Division 12 maintains responsibility for the program.

CANCELLATION/REFUND POLICY: Full refund for cancellation by Division 12 because of inadequate enrollment or by participant before July 15. A 75% refund will be given on cancellations between July 15-31. No refunds will be given for cancellations after August 1.

Registration

Name _____ Highest Degree _____

Address _____

City _____ State _____ Zip _____ Tel.No. _____

Choice	(letter)	Fee	Payment: <input type="checkbox"/> Check or Money Order	<input type="checkbox"/> Mastercard	<input type="checkbox"/> Visa
First Workshop	_____	\$ _____	_____	_____	_____ / _____
Second Workshop	_____	\$ _____	_____	_____	_____ / _____
Before June 25 discount (\$10 per workshop day)		\$ _____	_____	_____	_____
Total Enclosed (Pay in US\$)		\$ _____	_____	_____	_____

Cardholder's Signature _____

Mail to: Division 12 Office, PO Box 22727, Oklahoma City, OK 73123-1727

Telephone for credit card registration: (405) 721-2792 from 8:00a.m.- 5:00p.m. CST for FAX (405) 721-5005 anytime

Clinical Geropsychology News
Newsletter of Section II, Div. 12, APA
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